



TEN MENS CLUB GYM

WORKOUT WITH A PERSONAL TRAINER!

Crush your workouts with the
fitness pros you need!

***TRAIN BY OUR AMAZING
PERSONAL TRAINERS!***

Whether you want to shed a few pounds, build
your strength, or get more active, you'll want to
work with trainers you can trust!



GET IN SHAPE WITH US!

Book a session today!

Here's what we can do for you:

- Fitness Consultation
- Personalized Program Design
- Weight Training & Instruction
 - Cardiovascular Exercises
- Evaluation and Review of Fitness Goals
 - Fitness Motivation



Want to know more? Visit our official website at www.tenmensclub.com/gym/! For inquiries, whatsapp us at 90916542 or email info@tenmensclub.com.